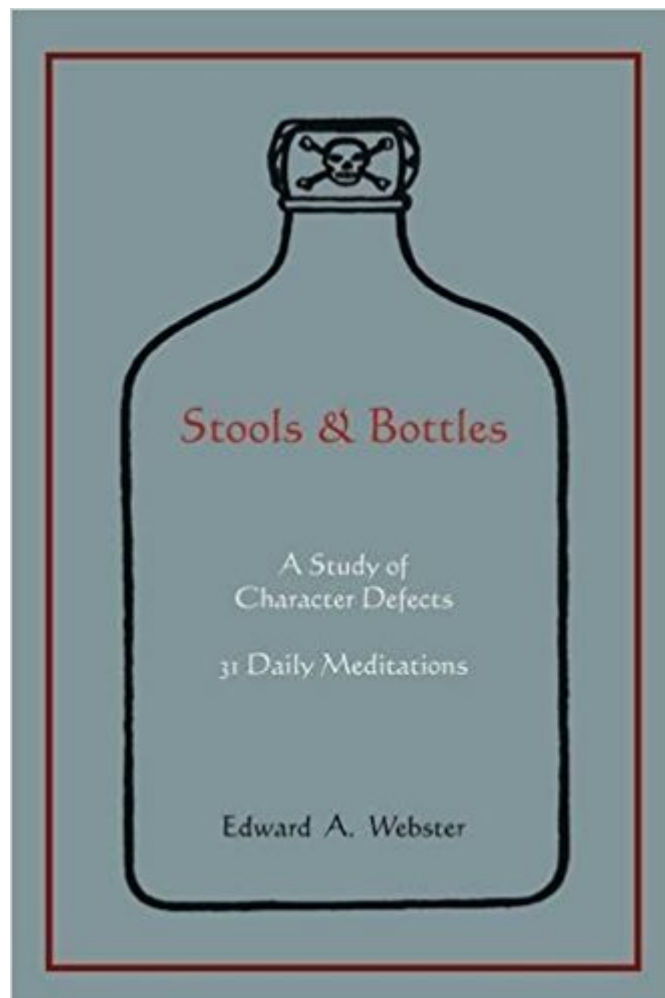




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Stools And Bottles: A Study Of Character Defects--31 Daily Meditations



Synopsis

2010 Reprint of 1955 edition. Some years ago the author of The Little Red Book worked out a novel presentation of the first four steps of the A.A. program. Visual aids, consisting of a three-legged stool and eight empty whiskey bottles, were used to portray the intangible factors of these fundamental steps. The book provides thirty-one daily reminders. They deal with A.A. problems commonly encountered by alcoholics who try to make A.A. their way of life.

Book Information

Paperback: 160 pages

Publisher: Martino Fine Books (June 15, 2010)

Language: English

ISBN-10: 1578989302

ISBN-13: 978-1578989300

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 7.8 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 13 customer reviews

Best Sellers Rank: #488,544 in Books (See Top 100 in Books) #93 in Books > Health, Fitness & Dieting > Addiction & Recovery > Adult Children of Alcoholics #588 in Books > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism #37495 in Books > Self-Help

Customer Reviews

The three legged stool is used as an example for Steps 1-3. A chapter is dedicated to each of these 3 steps. Another chapter for Step 4 and then character defects and what they mean, that will help us identify in our inventory and beyond. Then we have 31 daily meditations on character defects. Great study material from many years ago..still just as valid today!and then on character defects

It simplifies the first 4 step of AA program. Would recommend for new comers or those coming back to help ensure a firm foundation for continuous sobriety!

great book for steps 1-3.

This is a great book for someone in recovery. Especially someone in early recovery it will help you through steps 1-4. There is a lot of old wisdom but it is all still applicably to today.

Awesome book that will help everyone in recovery!

Perfect for those in recovery.

All pages were copied from the original, oddly formatted in a larger book. I'll get the more expensive (green) hard cover next time.

Great older text for 12 step programs. Goes through steps 1-3 (the legs of the stool), then serious character defects are presented for step 4. Includes meditations as well.

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